

## ⚠ WARNING

### GENERAL WARNINGS AND GUIDELINES

Martial Arts sparring may be dangerous; participants risk serious injury, disability and death. MACHO sparring equipment is intended only to reduce the risk and severity of accidental injury to covered areas during supervised, **no contact** or **light contact martial arts sparring**. **Light contact (blunt force)** does not cause pain, injury, penetration, or visible movement of the opponent receiving the technique. **Use of MACHO sparring equipment does not eliminate risks of injury. USER ASSUMES ALL RISKS.**

MACHO equipment is for martial arts sparring only. **It is not intended for other or more intense uses (e.g., full contact sparring, boxing, bag work, weapons training, sports activities, or use as a protective device for medical conditions, etc.).** MACHO may modify and improve its sparring equipment, but such modifications are not intended to encourage more intense contact.

MACHO equipment should be used only under the supervision of a skilled instructor who responsibly monitors techniques and intensity of sparring and assures that students are properly trained and physically conditioned. All sparring participants should: wear a full set of equipment (minimum: head gear, foot gear, hand gear, chest guard, shin guards, mouth guard or jaw joint protector, and groin protection); read and follow instructions about its use and care; and not use old, modified, damaged or improperly fitted equipment.

**ADVERTENCIA:** La práctica del sparring puede ser peligrosa; las personas que practican este deporte corren el riesgo de sufrir lesiones graves, impedimentos físicos y de perder la vida. El equipo de sparring MACHO ha sido diseñado para reducir el riesgo y la magnitud de las lesiones accidentales, en las regiones del cuerpo que el equipo protege, durante la práctica del sparring **sin contacto corporal directo o con contacto directo leve** durante sesiones supervisadas. En el sparring de contacto corporal leve el objetivo no es causar dolor o lesiones al adversario. **El uso del equipo de sparring MACHO no elimina el riesgo de lesiones o impedimentos físicos.** Por lo tanto, las personas que usen este equipo deben hacerlo por su propia cuenta y riesgo, asumiendo la responsabilidad por cualquier daño físico o lesión que puedan sufrir durante el ejercicio del sparring.

El equipo MACHO está diseñado solo para el sparring de artes marciales exclusivamente. Este equipo no está diseñado para otros usos más intensos (eje: sparring de cuerpo a cuerpo, boxeo, entrenamiento con bolsas, entrenamiento con armas, otras actividades, usos deportivos, etc.). MACHO puede modificar o perfeccionar su equipo de sparring. Sin embargo, tales modificaciones no están echas con el propósito de fomentar un contacto más intenso durante la práctica del sparring.

El equipo MACHO debe ser usado exclusivamente en sesiones de sparring supervisadas por instructores acreditados que posean las destrezas y el conocimiento adecuado para supervisar el ejercicio de este deporte. Los instructores deben tener entrenamiento en el control de las técnicas y la intensidad del sparring; deben cerciorarse de que los estudiantes sean entrenados en forma correcta y que se encuentren en buena condición física. Todos los participantes en el sparring deben adoptar las siguientes medidas de seguridad: Usar un equipo completo (como mínimo éste debe consistir de: casco protector, protectores de pies, protectores de manos, protectores de pecho, protectores para canillas, protectores para la boca, y protectores de la ingle.) Leer y seguir las instrucciones respecto al uso y el cuidado del equipo. No se deben usar equipos viejos o cuya condición original haya sido modificada, equipos en malas condiciones, o equipos que no se ajusten al cuerpo de la persona.

**NOTIFICACIÓN:** MACHO no ofrece ninguna garantía explícita. Las garantías implícitas de COMERCIALIZACIÓN y de IDONEIDAD se excluyen y se rechazan. 6.01.04

9.09.05



## Warnings and Instructions

### Macho Dyna/Rival Head and Dyna/Rival Face Cage

Read all warnings and instructions before use.  
Keep for reference by all users for the life of the gear.  
Failure to follow directions may result in injury, disability, and death.

### INSTRUCTIONS

#### To Attach the Forehead Adaptor Pad to the Face Cage—sizes Small & Medium only:

1. Open the Velcro® strips on the rectangular Forehead Adaptor pad. Center the pad inside the top row of the Cage grid. Lace the Velcro® (hook) on both sides out through the Cage and over the grid. Attach them securely to the Velcro® (loop) strip on the Adaptor to hold it in place. (Figure 1.)

#### To Attach the Chin Adaptor Pad to the Face Cage—sizes Small, Medium, Large, & Extra Large only. Do not use on any other sizes.

2. Center the curved Chin Adaptor pad inside the bottom row of the Cage grid, matching the contours of the grid. Press the Velcro® loop on the Adaptor to the Velcro® hook on the inside of the warning plate to hold the Adaptor in place. (Figure 1 or 4.)

#### To Attach the Cage to the Head:

3. Center the Cage on the Head. **The Cage must overlap all foam edges and cup the chin.**
4. Four Velcro® straps are attached to the

Face Cage. Wrap the two temple straps through the corresponding holes in the Head and fasten them securely so the Cage does not move on the Head.

#### To Put On the Head and Cage:

5. With the Adaptor(s) in place and the Cage attached to the Head at the temples, pull the headgear snugly onto your head.
6. Position it so your chin fits at the Chin Adaptor (S/M/L/XL only) and your ears fit comfortably at the ear openings.
7. Remove the paper backing from the two remaining Velcro® hook straps to expose the adhesive. Attach these straps to the Velcro® loop pieces behind the ears.
8. Pull the Head chin strap under the chin and fasten it securely on the left side with the Velcro® fasteners.
9. Be sure the Cage overlaps all foam edges, does not move on the foam head, and cannot come into contact with your face or neck. **Check these before sparring.**

FIGURE 1



FIGURE 2



FIGURE 3



#### Sizes Small and Medium with Forehead and Chin Adaptor Pads

FIGURE 4



FIGURE 5



FIGURE 6



#### Sizes Large and Extra Large with Chin Adaptor Pad

**Note:** The Dyna/Rival Face Cage is designed to be worn **only** on the Dyna and Rival Heads. Do not attach this Cage to any other headgear. Read the warnings on the next page.

# Macho Dyna/Rival Head and Dyna/Rival Face Cage

## ⚠ WARNING

Read all warnings and instructions before use, including the back cover. Keep for reference by all users for the life of the gear. Failure to follow directions may result in injury, disability, and death.

### Proper Use and Risks of Macho Headgear & Face Cage

- Serious head, face, eye, and neck injuries, including cuts, bruises, blindness, fractures, paralysis, and/or death may occur from accidental strikes, blows, and falls. Macho equipment is intended to reduce the risk of such injury but no headgear can prevent all injuries. Macho does not guarantee protection.
- Macho headgear and face cages are intended only to provide a margin of protection from **no contact** to **light contact** to the face and head during martial arts sparring, supervised by a qualified instructor. **Light contact** does not cause pain or injury.
- Do not butt or ram with the headgear or apply repeated blows to the head. Serious to fatal head or neck injuries may occur.
- Do not use Macho products for other purposes, including other sports, such as boxing, soccer, and horseback riding, or as protective medical devices.
- User assumes all risks of injury.

### Additional Proper Use and Risks of Face Cage

- Wear the Face Cage only to provide a margin of protection against **light contact** to the face.
- **Do not grab or penetrate the Face Cage.** Serious to fatal injuries may result to both participants including: eye, head, and neck injuries; cutting and bruising of the face; and finger, hand, arm, shoulder, neck, head, toe, foot, and leg injuries to the sparring partner. **Wear impact resistant eye protection if there is any possibility of penetration of the Face Cage.**
- Wear your mouth guard to help protect your teeth and gums.
- Sparring partners must wear appropriate safety gear to reduce the risks of injury from contact with the Face Cage.
- The Face Cage is not designed to provide protection against weapons of any type including martial arts weapons, simulated or real edged weapons, and sharp or pointed objects.

### Product Inspections

- Inspect the Dyna/Rival Face Cage before each use, especially around the spot welds, Forehead and/or

Chin Adaptor Pads, and all attachments and trim to ensure that they are secure. If the Cage is bent or damaged in any way, or if any attachments, adaptors, or trim are missing, loose, or damaged, discard and replace immediately.

- Inspect the foam head and strap; if they are cracked, loose, or damaged in any way, discard and replace immediately. Signs of damage and excessive wear include: product is torn; foam is creased, cracked, or compressed; strap is loose or detached; elastic has lost its elasticity; hook/loop fasteners have lost "grab."

### Proper Fit

- Wear the Dyna/Rival Face Cage only on the Dyna and Rival Heads in sizes S/M/L/XL only. Do not use it on any other headgear; serious injury may result from modifying or using other headgear that is not designed to support the Dyna/Rival Face Cage.
- Do not wear the Face Cage without the Forehead Adaptor Pad (sizes S & M only) and Chin Adaptor Pad (sizes S/M/L/XL only) according to Instructions; serious to fatal chin, throat, or chest injuries may result. Proper attachment of the appropriate Adaptor Pads is essential to the proper placement and functioning of the Face Cage and headgear.
- Securely attach the Face Cage to the foam Head so there is no movement of the Cage on the headgear.
- Properly size, fit, position, and secure all headgear to optimize protection. When it is properly sized and adjusted for your head, there should be very little airspace in, or movement of, the gear. Your chin should fit at the Chin Adapter Pad (sizes S/M/L/XL only), and your ears should fit comfortably in the ear cut-outs.
- If headgear, including the Face Cage, or any part thereof, becomes dislodged during use, stop immediately, re-position, and re-secure it before continuing.

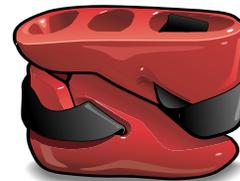
*NOTE: Appropriate cushioned floor mats or padding are recommended to help reduce the risk of serious head injuries in the event of a fall.*



We recommend you pack your Punches inside the headgear to prevent crushing of head.



Do **not** compress or crush equipment.



Pack loosely with each strap folded back on itself.



Do **not** wrap straps around the product. Straps will lose their elasticity and crush the gear.

# Proper Care of Macho Products

## Enhance the life of your Macho sparring gear!

- Keep gear clean and pack it without crushing.

### Daily Cleaning

- Perspiration can cause deterioration of the coating. Equipment should be wiped down after use.

### Monthly Cleaning

- Wash gear, including straps, with warm soapy water at least once a month. Hang to drip dry. This will help keep equipment free of odors.
- Periodically brush lint from the hook portion of any hook/loop fasteners.

### Sanitize Gear Regularly

- If gear is shared among students, spray or dip with a mild bleach solution (1/4 cup bleach per gallon of water) between users. Leave wet for 10 minutes for broad-spectrum disinfecting. Air or cloth dry and wipe away any bleach residue.

### Proper Packing and Storage

- Improper packing is the most common reason for reduced life expectancy.
- Do not compress the gear. Compression contributes to wrinkles and cracks and decreases the protective level of the foam.
- Store in a cool, dry place. Do not expose to direct sunlight or extreme temperatures.
- Do not leave in cars or trunks.
- When traveling by airplane, carry gear on the plane as air pressure in the luggage compartment may cause wrinkles.

### More Care Hints

- Long fingernails may tear the foam.
- Macho's equipment is not intended for use on heavy bags or shields, or for breaking or grappling techniques. This may tear the foam.
- To avoid damage to gear, completely disengage hook/loop fasteners or other closures before attempting to remove the gear.
- Packaging is not for reuse or storage but may be recycled.

The Dyna Head has been tested against Directive 89/686/EEC for Personal Protective Equipment. The Face Cage has not been tested.

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Get copies and updates at [www.macho.com/warnings](http://www.macho.com/warnings)

### Warranty

Macho warrants its products to be free from defects in materials and workmanship for 60 days from the date of purchase, provided the products supplied have not been subject to accident, alteration, negligence, abuse, or misuse. As the sole remedy under this warranty, Macho will, at its option, repair or replace non-conforming goods.

TO THE EXTENT ALLOWED BY LOCAL LAW, EXCEPT FOR THE OBLIGATIONS SPECIFICALLY SET FORTH IN THIS WARRANTY STATEMENT, MACHO'S LIABILITY AND THAT OF ITS VENDORS OF NEW GOODS SHALL NOT EXCEED THE VALUE OF THE GOODS SOLD. NEITHER MACHO NOR ITS VENDORS SHALL BE LIABLE FOR DIRECT, INDIRECT, SPECIAL, INCIDENTAL, OR CONSEQUENTIAL DAMAGES, WHETHER BASED ON CONTRACT, TORT, OR ANY OTHER LEGAL THEORY.

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